Club Champs 2018 - Chief Coach Guidance

The club championships provide three functions for our swimmers:

- 1. To provide a competition to find the overall club champion in various age group categories using all strokes and distances.
- 2. To allow all club members the opportunity to obtain times early in the swimming year at all strokes and distances that are not normally swum.
- 3. To gain entry times to the Peninsular Championships held at Europa late November (24/25) and early December (01/02/09). Peninsular Champs then give access to Cheshire County Champs via qualifying times, (these are on our website).

In order to achieve these objectives, the club championships will be held over two weekends. (02/03/04/09/10/11 November). It is recognised that swimmers may have other swimming commitments on these dates, however it is for the club's swimmers and parents to decide on priorities in this matter. We welcome all members to our championships on the above dates, but understand if more important events or higher level swimming competitions need to be attended. Nic can be reached by email nicwinter@btinternet.com or mobile 07720 049195.

All parents should consider the events their child can enter, no swimmer should be competing in events in which they are not competent and capable of completing without undue stress. We do want them to give their best and be stretched, but not distressed! All events are open to all, if you need help to consider which events your child should compete in, please discuss with any coach. The events, strokes and distances are spread through the programme to allow for maximum participation. There is a maximum of four events per session, usually totalling less distance that swimmers will complete in a normal session! Competition should be testing, but fun and a learning experience at this level!

We will be introducing rules so that the club champs reflect the normal rules found in open meet galas, swimmers need to understand and comply with these conditions, because they will need to in future competitions:

Closing date means closing date, apply after this date and we will not be able to accept entries, all open competitions have this condition.

Register with desk at each gala by warm up commencement times, means the swimmer must come to the desk and say they are there, this is so heats etc., can be arranged and the gala proceed to time. If swimmers do not register before warm up commences they will be withdrawn from all of that sessions events.